SMALL PLATES & SNACKS:

JTPOACHED EGGS: £7.75

Toasted English muffin, hollandaise sauce, choice of Ham, Smoked Salmon or Avocado Guacamole. V

BAKED GOATS CHEESE: £7.75V/GF

Topped w/ walnut crust, beetroot & apple salad & dressed leaves.

CHICKEN LIVER PATE: £7.75

Homemade w/local chutney, crisp salad & warm toast.

CUMBRIAN RAREBIT: £8.00 V

Hawkshead Golden Ale Rarebit on toasted artisan bread w/ green salad g local chutney.

HUMMUS & GOATS CHEESE BRUSCHETTA: £9.00. V

Chickpea Hummus, roast peppers, rocket leaves § crumbled goats cheese w/tomato pesto on grilled local focaccia w/dressed salad leaves.

SMOKED SALMON BAGEL: £9.00

New York bagel, cream cheese, smoked salmon ε soft boiled egg w/ dressed green salad.

FRITTO MISTO: £8.50 / £13.00

Crispy fried whitebait, calamari g king prawns w/a citrus mayo dip, dressed salad g fresh lemon wedge.

Gluten free bread is available please ask on ordering.

Add a cup of our homemade soup for £2.00

PLEASE MAKE US AWARE OF ANY FOOD ALLERGIES.